

WHISTLER HOCKEY ACADEMY

Offered in partnership by RPM Hockey Company, Whistler Secondary & School District 48





NEW PARENT - ZOOM MEETING

February 8 2024 at 7:00 pm Meeting ID: 856 8981 3856 Passcode: 579409

CHARACTER • INTEGRITY • TRADITION

ABOUT THE ACADEMY

This program is available for students in grades 8 to 12.

RPM & Whistler Secondary have developed a program & curriculum that provides students with the opportunity to balance their educational requirements while developing their hockey skills.

RPM provides personalized instruction that educates and develops students in both the physical and mental aspects required to excel in hockey. The school and RPM, in consultation with students and parents, help design a personalized teaching plan catered to meet each player's individual needs. Students are tested both on and off the ice monitoring their individual improvements.



HIGHLIGHTS:

Academy Format - Semester Based - September to Januarv

A typical week for all of our Academy players includes:

3 hours on ice - Skill Based Instruction

- Power Skating
- Puck Skills
- Tactical & Game Play
- 2 hours Sport Specific Conditioning/Events or Classroom

Sport Specific Conditioning utilizes a variety of training devices and techniques and may also include out trips.

Theory instruction provides players with skill breakdowns, progressions, individual and team tactics, practice planning, proper nutrition, strategies for highlevel performance and motivation and goal setting.



ACADEMY COST

The total price for the academy is \$1,420. Please note a \$284 deposit is required at the time of registering the actual cost of the Hockey Academy is \$1420 (-\$284 Deposit) As a convenience to parents RPM will accept a payment plan of \$284 per month Sept 1-Dec 1).

Once you have registered online at

www.rpmhockey.com, you must also notify the school that you would like to participate in the program.

ACCEPTING APPLICATIONS

- Academy Ministry Approved
- 1st year Bantam & Midget Players (grade • Offered inside the 8-12) Obtain Academic Credits
- On Ice Development
- Off-Ice Conditioning
- Tactical/Game Play
- Performance Testing

- Educational Special Events
- Work Experience

 - normal school timetable
- Students can play minor hockey & school sports
- Professional/Certified Instruction

REGISTRATION OPENS FEB 9, 2024@ 8:30AM REGISTER AT WWW.RPMHOCKEY.COM

CONTACT US

Anna-Lisa Granbois Whistler Secondary **Craig Millin** Hockey Academy **Holly Rogers** Academy Administration

agranbois@sd48.bc.ca

craig@rpmhockey.com

holly@rpmhockey.com

BUILDING GREAT KIDS IN THE CLASSROOM. ON ICE AND IN THEIR COMMUNITY!